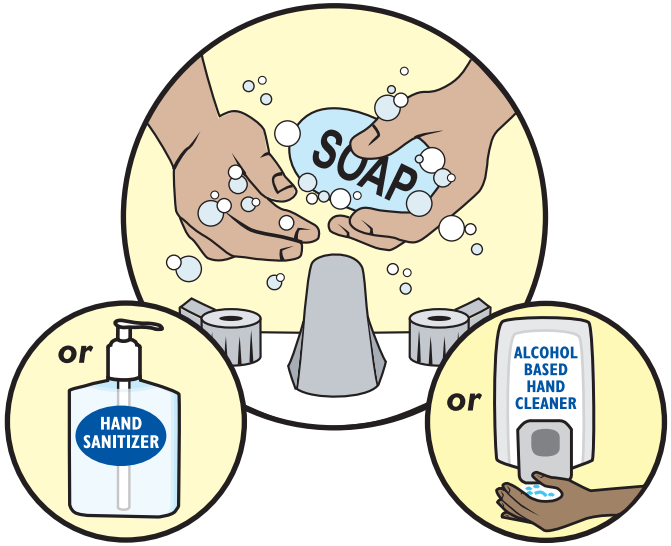
Health Alert:

Coughing spreads germs. Protect yourself and others.



- Cover your cough.
- A face mask may be needed if you are coughing.
- Wash hands often.

Alerta de Salud:

Tosiendo transmite microbios. Protéjase Ud. y a los demás.

- Tápese la boca al toser.
- El uso de la mascarilla podría ser necesario.
- Lávese sus manos con frecuencia.

California Department of Health Services, Division of Communicable Disease Control

IMM-783 K (4/04)