Childhood Asthma Initiative

COMMUNITY RESOURCE DIRECTORY

The Childhood Asthma Initiative is funded by the California Children and Families Commission through the California Department of Health Services

TABLE OF CONTENTS

1 ADOPTION / FOSTER CARE

2 ALCOHOL / DRUGS

3 ASTHMA

4 CHILD ABUSE

5 CHILDREN / YOUTH

6 FINANCIAL ASSISTANCE

7 FOOD RESOURCE

8 GENERAL ASSISTANCE

9 HEALTH CARE

10 HIV / AIDS

11 SHELTER / HOUSING

12 SMOKING

13 SOCIAL SECURITY ADMINISTRATION

14 TRANSPORTATION

15 WIC Program

ADOPTION / FOSTER CARE

Institute for Black Parenting (IBP)
9920 La Cienega Blvd., Suite 806
Inglewood, CA 90301
(323) 348-1400
(323) 215-3325 Fax
(800) 367-8858 HOTLINE

The Institute for Black Parenting (IBP) is a private, non-profit adoption, foster care and family preservation agency. IBP specializes in family reunification and the training of stable, loving families for black children.

Hours:
Monday - Friday / 8:00am - 5:00pm
24 hours emergency and placement services

Languages:
English & Spanish

Areas served:
Counties of Los Angeles, Orange, San Bernardino and Riverside

Application Procedure:
Call for an appointment; Referrals only

Fee/Payment Source:
No fee for services

Services provided:
IBP finds African American and Latino homes for children that are in adoption services and foster care. Reunification; educating families; preparing home assessments (studies); and searching for children and matching them with families. There is also a division for Latino families.

Los Angeles County Department of Children's Services
Office of Adoption
695 S. Vermont Ave.
Los Angeles, CA 90005
(213) 738-4577

The agency recruits, prepares & supports safe, stable and nurturing permanent homes for children.

Hours:
Monday - Friday / 8:00am - 5:30pm

Languages:
English & Spanish

Application Procedure:
Call for appointment; Referrals only

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Adoption placement for medically and developmentally disabled children, family counseling, assistance to adoptive families in obtaining services and equipment for children with special needs.

ALCOHOL / DRUGS

Asian American Drug Abuse Program (AADAP)
Special Deliveries Prenatal Program
3850 W. Martin Luther King, Jr., Blvd., Suite 202
Los Angeles, CA 90008
(323) 295-0262

Programs include water conservation, HIV/AIDS outreach & cross training, Durg Court Services for the Inglewood Courts, tobacco education, and a for profit business venture, MTC Construction

Hours:
Monday - Friday / 8:00am - 5:30pm

Languages:
English, Spanish, Japanese, & Tagalog

Application Procedure:
Call for an appointments; Referrals only; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
Medi-Cal

Services provided:
Individual and family counseling, support groups for women and families, relapse prevention, parenting skills education, basic health and life skills education and activities, physical education, fitness and health services and referrals, random urinalysis testing and other support services.

Avalon-Carver Community Center
Alcohol and Drug Abuse Program
4920 South Avalon Blvd.
Los Angeles, CA 90011
(323) 232-4391

Avalon-Carver Community Center is returning to its orginial purpose of providing a full array of services that will strengthen families, promote economic self-sufficiency and develop a strong sense of community.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for appointments; Referrals only

Areas served:
No geographic restrictions

Fee/Payment Source:
Sliding scale / Ability to pay

Services provided:
Individual counseling, group/family counseling, anger management, domestic violence, DUI programs, parenting, support groups, youth life skills programs, alcohol & drug education, community prevention, housing developments, welfare program, GED program, tutoring, reliable energy weatherization program

ALCOHOL / DRUGS

Behavioral Health Services, Inc.
Inglewood Outpatient Treatment Center
279 W. Beach Ave.
Inglewood, CA 90302
(310) 673-5750
(310) 673-1236 Fax

An outpatient program that works with youths and young adults, ages 13-35 years old.

Hours:
Monday, Wednesday & Thursday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for appointments; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
Cash; Private insurance; Sliding scale / Ability to pay

Services provided:
Structured family system therapy for chemically dependent clients and their families/significant others.

Community Coalition For Substance Abuse Prevention and Treatment
8101 S. Vermont Ave.
Los Angeles, CA 90044
(323) 750-9087
(323) 750-9640 Fax

Building a community institution that involves thousands of people who work and reside in South Central Los Angeles, in activities which influence public policies for their bread drug addiction, crime & violence.

Hours:
Monday through Friday / 8:30am to 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for appointments; Walk-ins

Areas served:
South Central Los Angeles

Fee/Payment Source:
No fee for services

Services provided:
Greater Resources through Organizing and Working (GROW), Neighborhood Fighting Back (NFB), People on Welfare (POW), Prevention Network Providers, South Central Prevention Coalition, South Central Youth Empowerment through Action (SC-YEA)

ALCOHOL / DRUGS

Shields for Families
1721 East 120th Street
Los Angeles, CA 90059
(310) 668-8311
(310) 898-1841 Fax

Comprehensive, collaborative and community-based programs for families affected by substance abuse and/or child abuse.

Hours:
Monday - Friday / 8:30am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Varies by program

Areas served:
South Central Los Angeles and surrounding communities

Fee/Payment Source:
Sliding scale; Medi-Cal for some programs

Services provided:
Individual and group counseling, alcohol and drug education, family and parenting counseling, 12-Step support groups, grief and loss support group, AIDS education, women's issues groups, aerobics classes, health and nutrition assessment, transportation, child care and therapeutic nursery, child development resources and case management.

West Los Angeles Treatment Program
2321 Pontius Ave.
Los Angeles, CA 90064
(310) 477-2951

An outpatient, community-based methadone maintenance program which provides treatment to pregnant and parenting women.

Hours:
Monday - Friday / 5:00am - 1:30pm

Languages:
English & Spanish

Application Procedure:
Call for appointments; Referrals

Areas served:
No geographic restrictions

Fee/Payment Source:
Cash; Private insurance; Medi-Cal

Other requirements:
ID with picture; Must be opiate/heroin

Services provided:
A methadone treatment program for pregnant women who are dependent on opiates/heroin. Outpatient detox programs are available.

CHILD ABUSE

California Medical Center
1401 South Grand Ave.
Los Angeles, CA 90015
(213) 742-5555

The California Medical Center provides physical exams for child abuse and neglect victims. Pediatric sexual assault evidence collection is not available. Counseling and referral services for abused children and/or families are available.

Hours:
24 hours

Languages:
English & Spanish

Application Procedure:
Walk-ins

Areas served:
No geographic restrictions

Fee/Payment Source:
Cash; Private insurance; Medi-Cal

Services provided:
Physical exams for child abuse and neglect victims

Children's Institute International
711 S. New Hampshire Blvd.
Los Angeles, CA 90005

The Children's Institute International is a private, non-profit organization dedicated to protecting, preserving, and strengthening the family through the provision of child abuse prevention & treatment services for high-need, low-resource families as well as through professional training, researching and advocacy.

Hours:
Monday - Friday / 8:30am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Requires County and State residency

Fee/Payment Source:
Cash; Medi-Cal; Sliding scale / Ability to pay

Services provided:
Child & family assessment, sexual abuse treatment, domestic violence intervention, family treatment services, in-home family preservation, therapeutic day care, child health care, long-term faster family care, and substance abuse

CHILD ABUSE

Drew Child Development Corporation
Child Abuse Program
1770 East 118th Street
Los Angeles, CA 90059
(323) 249-2963
(323) 249-2972 Fax

Free services to families and individuals who are victims of child abuse.

Hours:
Monday - Friday / 8:30am - 5:00pm

Application Procedure:
Call for appointments

Languages:
English & Spanish

Fee/Payment Source:
No fee for services

Areas served:
Requires Los Angeles County residency

Services provided:
Individual and family counseling.

Los Angeles Police Department
Child Abuse Unit
150 North Los Angeles Street, Rm. 140
Los Angeles, CA 90012
(213) 485-4700

The LAPD Child Abuse Unit provides investigation and prosecution of physical and sexual abuse cases.

Hours:
Monday - Friday / 8:30am - 5:00pm

Languages:
English, Spanish & Korean

Application Procedure:
Call for an appointment

Areas served:
City of Los Angeles

Fee/Payment Source:
No fee for services

Services provided:
Investigation and prosecution of physical and sexual abuse of children perpetuated by the parent, guardian or someone acting in that capacity. Follow-up for child homicide, ages 11 and under.

CHILD ABUSE

Parents of Watts
10828 Lou Dillion Ave.
Los Angeles, CA 90059
(323) 566-7556
(323) 569-3982 Fax

Improving the quality of life in the community by providing services that address the immediate needs of the victims of child abuse and/or neglect.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Services provided:
Individual and family counseling, referrals for medical services, structured self-image workshops, how to build inter-family relationships, strong mother to mother support and skills in parenting, how to meet crisis needs as they arise.

People Who Care Youth Center
1500 W. Slauson Ave.
Los Angeles, CA 90047
(323) 778-8905

The agency provides an urban haven where young people have the opportunity to receive mentoring and turtoring assistance, and also enjoy positive recreational activities.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Services provided:
Adolescent/child counseling services, child abuse counseling, family counseling, parenting skills development and case management.

CHILDREN / YOUTH

Child Health & Disability Prevention (CHDP) Program
1000 W. Carson Street - Building N-34
Torrance, CA 90509
(310) 222-2324
(310) 212-5267 Fax

CHDP Program provides preventive health check-ups for infants, children, teens and young adults.

Hours:
Monday - Friday / 8:00am - 4:30pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Services provided:
Comprehensive health check-ups include: immunizations, nutritional assessment, teeth and gum check, vision and hearing tests, lab tests and other screening tests as needed.

C.O.A.C.H. (Community Outreach Assistance for Children's Health) For Kids and Their Families
444 S. San Vicente Blvd, Suite 601
Los Angeles, CA 90048
(310) 855-5045
(310) 951-0439 Fax

The C.O.A.C.H. Mission is to assist homeless and poor families in making a successful transition from dependence on public subsidy to a life of economic self-sufficiency.

Hours:
Monday - Friday / 8:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Provides homeless and poor families with a structured combination of social services, including medical care, jobs, job training, affordable housing, childcare and more by focusing on existing resources.

CHILDREN / YOUTH

John Tracy Clinic
806 W. Adams Blvd.
Los Angeles, CA 90007
(213) 748-5481
(213) 749-1651 Fax
(800) 522-4582 HOTLINE

A family centered educational facility serving deaf preschool children from birth through age five for families in the greater Los Angeles area. The clinic also provides correspondence courses to parents of hearing impaired and deaf-blind children.

Hours:
Monday - Friday / 8:30am - 4:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Services provided:
Audiological evaluations, parent and infant programs and support groups and a three week intensive summer session.

Los Angeles Child Guidance Clinic
3787 S. Vermont Ave.
Los Angeles, CA 90007
(323) 766-2345
(323) 766-2371 Fax

A provider of mental health services for children, youth & families, and an advocate for early intervention.

Hours:
Monday - Friday / 8:00am - 11:30pm

Languages:
English & Spanish

Application Procedure:
Walk-ins

Areas served:
Central and South Central Los Angeles

Fee/Payment Source:
Medi-Cal; Sliding scale

Services provided:
A full array of mental health and education services are available for seriously emotionally disturbed children including diagnostic, treatment, case management, in-home early intervention and school-based services.

CHILDREN / YOUTH

PIVIT Infant Program
Programs for the Visually Handicapped
5210 W. Clinton Street
Los Angeles, CA 90004
(213) 228-9534, ext. 41
(323) 962-9560

Family centered in-home infant development and classes are provided. Credentialed teachers of the visually impaired provide activities to promote development of positive body image, independent locomotion, gross and fine motor skills, play skills, independent self-help skills and communication between the child and family.

Hours:
Monday - Friday / 7:30am - 4:30pm

Languages:
English & Spanish

Application Procedure:
Referral by parent, physician, or community agency

Areas served:
Los Angeles Unified School District

Fee/Payment Source:
No fee for services

Services provided:
Service coordination, assessment, special education instruction, parent support and transportation.

HEALTH CARE

Compton Health Center
300 E. Rosecrans Ave.
Compton, CA 90221
(310) 603-7001
(310) 223-0093 Fax

Hours:
Triage: Monday - Friday / 8:00am - 5:00pm
Pediatric/Family Medicine, Immunization, Prenatal Intake/Prenatal Return and Pregnancy:
8:00am - 11:30am and 12:20pm - 5:00pm
Exams: Monday - Friday / 12:30pm - 5:00pm

Languages:
English, Spanish & Chinese

Areas served:
Compton, Lynwood, Paramount, and northern Carson

Application Procedure:
Call for an appointment; Walk-ins

Fee/Payment Source:
Medi-Cal; ATP; CHP; Healthy Families

Services provided:
Family medicine, pediatrics, family planning, prenatal care, gynecology, audiometric screening, vision screening, EKG, nurse triage, clinical laboratory, communicable disease control (STD) clinic, TB clinic/INH immunizations, clinical social workers, community workers, nutritionists, health educators, membership services, eligibility workers/DPSS, certified PFSWs, case management and financial screening to determine eligibility for various programs available including Healthy Families.

Crenshaw Health & Medical Clinic
5340 S. Crenshaw
Los Angeles, CA 90043
(323) 291-5733
(323) 291-4338 Fax

Hours:
Monday - Friday / 7:00am - 10pm &
Saturday 9:00am - 1:00pm

Languages:
English

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
Private insurance; Medi-Cal; Medicare

Services provided:
General health assessments, physical exams, well-child exams, immunizations, weight control and memberships.

HEALTH CARE

Curtis Tucker Health Center
Los Angeles County Department of Health Services
123 West Manchester Blvd.
Inglewood, CA 90301
(310) 419-5325

A public health center that provides a wide range of health and community services.

Hours:
Monday - Friday / 8:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment; Walk-ins; Triage

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Cash; Sliding scale / ability to pay

Services provided:
Tuberculosis testing, immunizations and AIDS/HIV testing.

Daniel Freeman Maternity Center
333 N. Prairie Ave.
Inglewood, CA 90301
(310) 674-7050, ext. 2212
(310) 419-8256 Fax

Obstetrical/prenatal care, comprehensive prenatal services program for high and low risk prenatal and postpartum care.

Hours:
Tues: 10:00am-10:00pm / Wed: 7:00am-2:00pm
Thurs: 9:00am-2:00pm / Sat: 9:00am-2:00pm

Languages:
English, Spanish, Cambodian, Vietnamese, Cantonese, Korean, Armenian & Sign Language

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal & many other insurance plans accepted; Cash plans; Temporary Medi-Cal and assistance to apply for Medi-Cal

Services provided:
Individualized care plans are developed based on initial comprehensive, medical, psychosocial, nutritional & health education assessment. On-site ultrasound & fetal monitors. Home health postpartum services and labor companions.

HEALTH CARE

H. Claude Hudson Comprehensive Health Center
2829 S. Grand Ave.
Los Angeles, CA 90007
(213) 744-3761

Hours:
Daily 7:00am-12:00 midnight

Languages:
English, Spanish & Korean

Application Procedure:
Walk-ins

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Cash; Sliding scale / Ability to pay

Services provided:
Child abuse exam and counseling for abused children and/or families.

Hubert Humphrey Comprehensive Health Center
5830 South Main Street
Los Angeles, CA 90003
(323) 846-4225

Hours:
Social service: 7:00am - 8:30pm Monday - Friday

Languages:
Chinese, Hindu & Vietnamese

Application Procedure:
Referrals; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
Medi-Cal; Cash; Private insurance; Sliding scale / Ability to pay

Services provided:
OB/GYN special high risk clinic and child abuse referrals.

HEALTH CARE

Martin Luther King Jr./Drew Medical Center
Division of Family Life Education
12021 S. Wilmington Ave.
Los Angeles, CA 90059
(310) 668--4611

A family-centered unit that provides parents with the safety of a hospital birth in a home-like atmosphere with a minimum of interference during the natural birth process.

Hours:
Call for information / Orientation - Wed 11:00am

Languages:
English & Spanish

Application Procedure:
Must register at the center no later than your 7th month of pregnancy; No drugs; No turn-aways

Areas served:
No geographic restrictions

Fee/Payment Source:
Private insurance; Medi-Cal; Self pay

Services provided:
Certified nurse-midwives, special prenatal nurses for mothers during labor & delivery, prenatal/prepared childbirth programs for mothers & families, postpartum/newborn education for high risk pregnancies, telephone hotline to answer questions upon return home. Must experience a normal pregnancy without complications, have had prenatal care at King/Drew Hospital or a Southern Region County health center and must attend a prenatal/prepared childbirth class.

Maternity Center of Vermont Medical Clinic, Inc.
Anthony C. Pickett, MD
5859 S. Vermont Ave.
Los Angeles, CA 90044
(323) 753-2229

Hours:
Monday - Friday / 9:00am - 6:00pm
Saturday / 10:00am - 2:00pm

Languages:
English & Spanish

Application Procedure:
Depends on services provided

Areas served:
No geographic restrictions

Fee/Payment Source:
State only family planning; Presumptive eligibility; Medi-Cal; Medicare; Health plans (Blue Cross, Tower)

Services provided:
Obstetrics, gynecology, family medicine, pediatrics, family planning, free pregnancy testing, sterilization, WIC Program and comprehensive prenatal service programs.

HEALTH CARE

Maternity Center of Vermont Medical Clinic, Inc.
Anthony C. Pickett, MD
4230 S. Figueroa Street
Los Angeles, CA 90037
(213) 845-7200
(213) 846-7206 Fax
(213) 551-8559

Hours:
Monday - Friday / 9:00am - 6:00pm
Saturday / 10:00am - 2:00pm

Languages:
English & Spanish

Application Procedure:
Depends on services provided

Areas served:
No geographic restrictions

Fee/Payment Source:
State only family planning; Presumptive eligibility; Medi-Cal; Medicare; Health plans (Blue Cross, Tower)

Services provided:
Obstetrics, gynecology, family medicine, pediatrics, family planning, free pregnancy testing, sterilization, WIC Program and comprehensive prenatal service programs.

T.H.E. (To Help Everyone) Clinic, Inc.
3860 W. Martin Luther King Jr., Blvd.,
Los Angeles, CA 90008
(323) 295-6571

T.H.E. Clinic is a private, non-profit, comprehensive outpatient community clinic.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English, Spanish, Thai, Japanese, Tagalog, Cambodian, Vietnamese, Laos, Tongan & Korean

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Cash; Private insurance; Sliding scale / Ability to pay

Services provided:
Primary medical care for men, women and children, family planning, same-day appointments for urgent care, pediatrics, diagnosis and treatment of sexually transmitted diseases, anonymous and confidential HIV/AIDS testing, counseling and treatment for men and women, blood pressure monitoring, cancer screening, preventive care and patient education and care for chronic conditions such as diabetes, hypertension and asthma.

HEALTH CARE

Umma Free Clinic
711 W. Florence Ave.
Los Angeles, CA 90044
(323) 789-5610
(323) 789-5616 Fax

Promoting the well-being of the underserved by providing the highest quality free healthcare and medical education

Hours:
Monday - Friday / 9:30am - 4:30pm
Closed Wednesday

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Medicare; Private insurance; Cash; Sliding scale / Ability to pay

Services provided:
Screenings, immunizations and patient education, as well as, life style modification. The clinic also sponsors health fairs, food and clothing distributions, and public health seminars.

Western Women's Medical Clinic
Clifton V. Lee, MD
4361 S. Western Ave.
Los Angeles, CA 90062
(323) 295-5446

Hours:
Monday - Friday / 10:00am - 5:00pm

Languages:
English & Spanish

Areas served:
No geographic restrictions

Application Procedure:
Call for an appointment; Walk-ins

Fee/Payment Source:
Medi-Cal; Cash; Private insurance; Sliding scale / Ability to pay

Services provided:
Free breast exams and mammograms for women over 40 years old, on-site eligibility workers able to issue Medi-Cal cards and free pregnancy testing.

HEALTH CARE

Oliver S. Foster, D.P.M.
Diplomate American Board of Pediatric Surgery
Fellow - American College of Foot & Ankle Surgeons
3756 Santa Rosalia Dr., Suite 302
Los Angeles, CA 90008
(323) 293-5203
(323) 295-0488 Fax

A pediatric medical and surgical group.

Hours:
Monday - Friday / 8:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Private insurance; Cash; Credit

Services provided:
Provides foot care to infants, adolescents and adults.

L. Khadijah Lang, MD
Family Medicine
4361 S. Western Ave.
Los Angeles, CA 90062
(323) 733-5536

A private medical doctor.

Hours:
Monday - Friday / 9:30am - 4:30pm
Closed Wednesday

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Medicare; Private insurance; Cash; Sliding scale / Ability to pay

Services provided:
A family medical practice that provides services for adults and children.

HEALTH CARE

Joseph Pierson, MD
Associate - Dr. Cherily Lee, PhD
1818 South Western Ave., Suite 401
Los Angeles, CA 90006
(323) 730-0310

A private medical doctor providing obstetrical and gynecological care and general medical care for adults and children.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment; Walk-ins; Referrals

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Private insurance; Cash; Sliding scale / Ability to pay

Services provided:
Physical exams, counseling, nutrition assessment, weight control, EKG, mammograms and mental health services.

William Ricketts, MD
Manchester Medical Group
617 W. Manchester Ave.
Los Angeles, CA 90044
(323) 750-9715
(323) 750-1523 Fax

Pediatrics and neonatology (for infants, children and adolescents).

Hours:
Monday - Friday / 8:30am - 5:30pm
Saturday / 8:30am - 1:30pm

Languages:
English, Spanish & French

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Private insurance; Cash; Credit

Services provided:
Provides medical care to infants, children and adolescents.

HEALTH CARE

Herbert Russell, MD
5220 W. Washington Blvd., Suite 105
Los Angeles, CA 90016
(323) 933-5829
(323) 954-1083 Fax

Provides pediatric care and is a CHDP provider.

Hours:
Monday - Friday / 8:30am - 12:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
Medi-Cal; Private insurance; Cash

Services provided:
Medical care for infants, children and adolescents.

Donald Stovall, MD, Inc.
1818 South Western Ave., Suite 102
Los Angeles, CA 90006

Private medical doctor for obstetrical and gynecological care.

Hours:
Monday - Friday / 9:00am - 5:00pm
Closed Wednesday

Languages:
English

Application Procedure:
Call for an appointment; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
Medi-Cal

Services provided:
Prenatal care, family planning and gynecological services.

HIV / AIDS

AIDS Project Los Angeles (APLA)
3550 Wilshire Blvd, Suite 300
Los Angeles, CA 90010
(213) 201-1600
(213) 201-1598 Fax
(800) 362-2437 HOTLINE

APLA is a non-profit community-based organization that provides vital services to men, women and children living with HIV/AIDS. APLA provides treatment and prevention education and acts as an advocate on behalf of people living with AIDS on AIDS-related legislation on the Federal, State and local levels.

Hours:
Monday - Thursday / 8:00am - 7:00pm
Friday & Saturday / 8:00am - 4:30pm

Languages:
English, Spanish, Korean, Russian, Italian
& American Sign Language

Application Procedure:
HIV/AIDS Positive; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
Cash; Medi-Cal; Private insurance

Services provided:
Prevention education, food bank, dental care, housing assistance, mental health counseling, women's services, benefits & insurance counseling, case management and HALSA (HIV/AIDS Legal Services Alliance)

Minority AIDS Project (MAP)
5149 Jefferson Blvd.
Los Angeles, CA 90016
(323) 936-4949
(323) 936-4973 Fax

MAP is the first community-based HIV/AIDS organization in US established & managed by people of color.

Hours:
Monday to Friday 8:30am - 5:00pm

Languages:
English & Spanish

Application Procedure:
HIV/AIDS positive; Walk-ins

Areas served:
Los Angeles County

Fee/Payment Source:
Free; Medi-Cal

Services provided:
Case management, home health care, day program, mobile testing unit, anonymous HIV testing, mental health & support groups, counseling & buddy programs, housing & transportation assistance, and food bank

SHELTER / HOUSING

Catholic Charities of Los Angeles
St. Peter Claver Center
4202 W. Jefferson Blvd
Los Angeles, CA 90016
(323) 737-6036

Hours:
Monday to Friday 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Emergency food and shelter, thrift store, case management for homeless and low income persons, substance abuse program for children and families, case management for persons returning from prison/jail.

Faithful Central Community Services
713 West 62nd Street
Los Angeles, CA 90044
(213) 758-4506

Hours:
Monday to Friday 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Free food bank, clothing and shelter placement.

SHELTER / HOUSING

Jenesse Center
PO Box 73837
Los Angeles, CA 90003
(323) 751-1145
(800) 731-6500 HOTLINE

The Jenesse Center provides victims of domestic violence with a comprehensive, centralized base of support to assist in addressing immediate crisis needs and changing behaviors that inhibit the progression of a productive life.

Hours:
Monday to Friday 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Education, advocacy and provision of service to restore the family in crisis and end the generational cycles of domestic abuse. Vocational education, mental health, legal services, case management, children's programs, outreach and health services are also available.

Legal Aid Foundation of Los Angeles
1550 West 8th Street
Los Angeles, CA 90017
(213) 487-7609 (for evictions)
(213) 385-1719 (other housing problems or questions)

The Housing/Eviction Defense unit advocates for the creation and preservation of safe and affordable housing. We help low-income tenants stay in their homes when are being evicted unfairly.

Hours:
Monday to Friday / 8:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for more information

Areas served:
City of Los Angeles

Fee/Payment Source:
No fee for services for clients who qualify (call to learn if you qualify)

Services provided:
Education on housing issues, public policy advocacy, legal representation, general information regarding housing

FOOD RESOURCES

Downtown Service Center - On Hold
1010 S. Flower St., Ste. 201
Los Angeles, CA 90015
(213) 749-0212

The program provides occasional emergency food assistance. Groceries include USDA surplus, canned and dried goods. The amount of food allocated varies but is intended to last approximately four days.

Hours:
Distributions - Saturday / 8:15am - 9:30am
Special arrangements - Mon & Tues / 8:00am - 12 noon

Languages:
English, Tagalog & Spanish

Application Procedure:
Walk-in service

Areas served:
90004, 90005, 90006, 90011, 90012, 90013
90014, 90015, 90017, 90021

Fee/Payment Source:
No fee for services

Other requirements:
Picture ID requested but not required

Services provided:
Clothing, food lines, formula/baby food assistance and occasional emergency food assistance.

Los Angeles County Department of Public Social Services
(800) 264-2999 HOTLINE

The Food Stamps Program was established to improve the nutrition of people in low-income households. It increases an individuals food-buying power so that they are able to purchase the amount of food their household needs.

Hours:
Monday - Friday / 8:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Apply at local DPSS office

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Other requirements:
Picture ID, Proof of Income and Address

Services provided:
Food stamps, general relief, Medi-Cal, GROW. Food Stamps are issued in dollar denomination coupons and are used instead of money at the grocery store.

FOOD RESOURCES

All People Christian Center
822 East 20th Street
Los Angeles, CA 90011
(213) 747-6357
(213) 747-0541 Fax

The center provides emergency food for low-income persons.

Hours:
Fridays / 12:30pm - 4:00pm

Languages:
English

Application Procedure:

Areas served:
No geographic restrictions

Fee/Payment Source:
Free

Other requirements:
Picture ID, Proof of Address

Services provided:
Each participant can receive food every five (5) weeks.

First Baptist Church
760 W. Westmoreland Ave
Los Angeles, CA 90006
(213) 384-1799

One bag containing canned food, rice and beans is given to the first 35 arrivals.

Hours:
Fridays only

Languages:
English

Application Procedure:

Areas served:
No geographic restrictions

Fee/Payment Source:
Free

Other requirements:
Picture ID

Services provided:
Free food for low-income people.

FOOD RESOURCES

Para Los Niños
845 East 6th Street
Los Angeles, CA 90021
(213) 623-8446
(213) 623-8716 fax

A nonprofit family service agency designed to raise at-risk children out of poverty and into brighter futures through positive educational opportunities and support involving families and communities.

Hours:
Monday to Friday 9:00am - 3:30pm

Languages:
English & Spanish

Application Procedure:

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Other requirements:
Picture ID, proof of income and that you have children

Services provided:
Emergency food is given once a year and referrals to a local food pantry for regular use are provided.

Saint Catherine
1039 West 87th Street
Los Angeles, CA
(323) 752-3786

Groceries and bread are provided.

Hours:
Fridays 9:00am - 3:30pm by appointment

Languages:
English

Application Procedure:

Areas served:
No geographic restrictions

Fee/Payment Source:
Free

Other requirements:
Picture ID, Proof of Income and Address

Services provided:
An initial walk-in visit is required (Mondays). After the first visit, pick-up continues on Fridays. Groceries and bread are available to each client once a month.

TRANSPORTATION

Los Angeles County Metro Transportation Authority (MTA)
(213) 626-4455
(800) COMMUTE

Bus schedule and routes information.

Hours:
Monday - Friday / 6:00am - 8:00pm
Saturday and Sunday / 8:00am - 6:00pm

Languages:
English & Spanish

Application Procedure:

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Services provided:
Call to get instructions on how to use MTA. Always remember to
have a pen, paper and your beginning & ending destinations when you place your call.

Brownson Community Center
1307 Warren Street
Los Angeles, CA 90033
(323) 264-8701

The program provides taxi vouchers for residents of Boyle Heights and East Los Angeles.

Hours:
Monday - Friday / 9:30am - 5:00pm

Languages:
English, Spanish & Tagalog

Application Procedure:
Call for information on taxi vouchers

Areas served:
Boyle Heights and East Los Angeles residents

Fee/Payment Source:
No fee for services

Services provided:
Bus fare/gas money, Christmas baskets, electric and gas bill assistance, extended day care, formula/baby food, GAINS Program, motel vouchers, pre-job guidance and occasional emergency food assistance.

FOOD RESOURCES

SHARE California (Self-Help and Resource Exchange)
L.A. Homecare Workers Union
2515 Beverly Blvd
Los Angeles, CA 90057
(213) 368-0688
(800) 773-7427 HOTLINE

SHARE is a non-profit organization engaged in self-help food distribution systems and community building activities.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
$15 for each food package and 2 hrs of volunteer time

Services provided:
By donating 2 hours of community services, clients save 50% on a monthly food package ($15 for $30-$35 worth of meat, fresh fruit, vegetables, pasta, rice and beans).

SHARE California (Self-Help and Resource Exchange)
"West A" SHARE Community Development Corporation
3045 Crenshaw Blvd
Los Angeles, CA 90016
(323) 733-8300

SHARE is a non-profit organization engaged in self-help food distribution systems and community building activities.

Hours:
Monday - Friday / 8:30am - 5:30pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
$15 for each food package and 2 hrs of volunteer time

Services provided:
By donating 2 hours of community services, clients save 50% on a monthly food package ($15 for $30-$35 worth of meat, fresh fruit, vegetables, pasta, rice and beans).

WIC Program

WIC, the **W**omen, **I**nfants and **C**hildren program, is a special supplemental nutrition program that helps pregnant women, new mothers and young children eat well and stay healthy.

WIC Program
WATTS Health Foundation, Inc
10300 S. Compton Ave
Los Angeles, CA 90002
323) 568-3071
(888) 942-9675 HOTLINE

Hours:
Monday - Thursday / 8:00am - 5:30pm
Friday / 8:00am - 12:00pm & 1:30pm - 5:00pm
Saturday / 8:00am - 12:00pm (last Saturday of month)

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Other requirements:

Services provided:
Nutritious food (via prescriptive checks), individual counseling, breastfeeding promotion and support and referrals to health care for high-risk, low-income women and children age birth to five years.

WIC Program
L A COUNTY DHS E. R. ROYBAL COMPREHENSIVE HEALTH CENTER
245 S. Fetterly Ave.
Los Angeles, CA 90022
(888) 942-2229
(888) 942-9675 HOTLINE

Hours:
Monday - Friday / 8:00am - 8:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Other requirements:

Services provided:
Nutritious food (via prescriptive checks), individual counseling, breastfeeding promotion and support and referrals to health care for high-risk, low-income women and children age birth to five years.

FINANCIAL ASSISTANCE

LA County DPSS Benefits
District #10 - Wilshire Special Aids
2415 West 6th Street
Los Angeles, CA 90057
(213) 738-4311

This is a limited time benefits program that provides financial assistance to indigent adults age 18 and older. All employable recipients under the age of 60 must participate in the General Relief Opportunities to Work (GROW) program.

Hours:
Monday - Friday / 7:00am - 3:00pm

Application Procedure:
Walk in to apply. Substance abuse screening and Social Security card are requested.

Fee/Payment Source:
No fee for services

Services provided:
Basic monthly grant for one person is $221.

Languages:
English & Spanish, other languages depending on location

Areas served:
Los Angeles County residents

Other requirements:
Birth certificate, proof of income (last 2 months), rent receipt, utility receipt and vehicle registration

---

LA County DPSS Benefits
District #14 Civic Center
813 East 4th Street
Los Angeles, CA 90013
(213) 974-0222

This is a limited time benefits program that provides financial assistance to indigent adults age 18 and older. All employable recipients under the age of 60 must participate in the General Relief Opportunities to Work (GROW) program.

Hours:
Monday - Friday / 7:00am - 3:00pm

Application Procedure:
Walk in to apply. Substance abuse screening and Social Security card are requested.

Fee/Payment Source:
No fee for services

Services provided:
Basic monthly grant for one person is $221.

Languages:
English & Spanish, other languages depending on location

Areas served:
Los Angeles County residents

Other requirements:
Birth certificate, proof of income (last 2 months), rent receipt, utility receipt & vehicle registration

SOCIAL SECURITY ADMINISTRATION

Supplemental Security Income (SSI)
Boyle Heights Office
240 N. Breed Street
Los Angeles, CA 90033
(323) 265-3781
(800) 772-1213 HOTLINE

SSI is a federal program that pays monthly benefits to people who are **65 or older, blind, have a disability or are low-income**. SSI can be for adults, disabled and blind children.

Hours:
Monday - Friday / 9:00am - 4:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:

Other requirements:
Must be a US citizen to qualify and provide proof of income

Services provided:
Food Stamps, Medicaid (helps pay doctor and hospital bills) and help for low-income Medicare beneficiaries.

Supplemental Security Income (SSI)
Hollywood Office
6730 Sunset Blvd
Los Angeles, CA 90028
(323) 965-3918
(800) 772-1213 HOTLINE

SSI is a federal program that pays monthly benefits to people who are **65 or older, blind, have a disability or are low-income**. SSI can be for adults, disabled and blind children.

Hours:
Monday - Friday / 9:00am - 4:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:

Other requirements:
Must be a US citizen to qualify and provide proof of income

Services provided:
Food Stamps, Medicaid (helps pay doctor and hospital bills) and help for low-income Medicare beneficiaries.

SMOKING

Asian Health Project
3860 W. Martin Luther King Jr. Blvd
Los Angeles, CA 90008
(323) 295-6571

The project provides health services for the Asian-Pacific community with an emphasis on family planning and reproductive health.

Hours:
Monday - Friday / 8:00am - 4:30pm

Application Procedure:
Call for information

Fee/Payment Source:
Medi-Cal; Medicare; Sliding scale

Languages:
English, Japanese, Korean, Laotian, Spanish, Tagalog, Thai, and Vietnamese

Areas served:
Los Angeles County

Services provided:
Smoking education/prevention, disease/disability information, free English language materials, health care referrals, HIV/AIDS testing, obstetrics/gynecology, pediatrics, prenatal care, sex education, speakers bureau and educational presentations for community groups on health care topics such as AIDS education, tobacco control and family planning.

Nicotine Anonymous
PO Box 25335
Los Angeles, CA 90025
(800) 642-0666 Information only

This is a voluntary, self-help organization that offers assistance for individuals who wish to achieve freedom from nicotine addiction and smoking obsession. There is no centralized administration. The organization utilizes self-help groups which are facilitated by individual participants at separate locations.

Hours:
Call for information. Days & hours of meetings vary.

Application Procedure:
Call for recorded information about meeting locations, days and times.

Fee/Payment Source:
Donations are requested, but not required

Languages:
English

Areas served:
Los Angeles County

Services provided:
Client to client networking, smoking addiction support groups, smoking cessation, and smoking education/prevention programs.

ASTHMA

Eisner Pediatric & Family Medical Center
(in collaboration with AAFA on the Childhood Asthma Initiative Program)
1530 S. Olive Street
Los Angeles, CA 90015
(213) 746-1037

A private, non-profit health center dedicated to providing high quality medical and dental services, children's day care, and early intervention programs that are affordable to all families regardless of income level.

Hours:
Call for more information

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Other requirements:
Call to find out what papers you'll need

Services provided:
Asthma information, allergen control information, medical treatment for your child's asthma, free asthma medications & equipment, asthma management plans, follow up medical care, assistance in obtaining health coverage, helping families connect with quality health care services and resources.

Healthy African American Families (HAAF)
(in collaboration with AAFA on the Childhood Asthma Initiative Program)
3856 W. Martin Luther King Jr., Blvd., Suite 209
Los Angeles, CA 90008
(323) 292-2002

The program provides asthma related services to children, age 0-5, in Central, South Central and downtown Los Angeles. Call for information on other HAAF programs.

Hours:
Call for more information

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Other requirements:
Call to find out what papers you'll need

Services provided:
Asthma information, allergen control information, home visits for families with young children to help control child's asthma, free allergen abatement supplies (pillow & mattress covers), assistance in obtaining health coverage, helping families connect with quality health care services and resources.

ASTHMA

Asthma & Allergy Foundation of America (AAFA)
Southern California Chapter
5900 Wilshire Blvd, Suite 2330
Los Angeles, CA 90036
(323) 937-7859
(800) 624-0044 HOTLINE

AAFA is a non-profit, national voluntary health agency, dedicated to improving the quality of life for those who suffer from asthma and allergies.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for information

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Services provided:
Free publications on asthma and allergies, physician referrals, Breathmobile® Program, asthma camp, patient advocacy, children's athletic events, senior program and Childhood Asthma Initiative Program.

Coalition for Community Health (CCH)
(in collaboration with AAFA on the Childhood Asthma Initiative Program)
3655 S. Grand Ave., Suite 260
Los Angeles, CA 90007
(213) 748-7123 (Asthma program, ext: 237)

Provides asthma-related services to children ages 0-4 in Central, South Central & downtown Los Angeles. Some asthma services also available for older children. Call for more information on other programs.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Central & South Central Los Angeles

Fee/Payment Source:
No fee for services

Other requirements:
Call to find out what papers you'll need

Services provided:
Asthma information, allergen control information, home visits for families with young children to help control child's asthma, free allergen abatement supplies (pillow & mattress covers), assistance in obtaining health coverage, helping families connect with quality health care services and resources.

ASTHMA

King/Drew Medical Center - Allergy & Immunology Division
(in collaboration with AAFA on the Childhood Asthma Initiative Program)
12021 Wilmington Ave.
Los Angeles, CA 90059
(310) 668-3023

The program provides asthma related services to children age 0-5 in Central, South Central & downtown Los Angeles. KDMC also provides complete medical care to people of all ages.

Hours:
Call for more information

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Other requirements:
Call to find out what papers you'll need

Services provided:
Asthma information, allergen control information, medical treatment for your child's asthma, free asthma medications & equipment, asthma management plans, follow up medical care, assistance in obtaining health coverage, helping families connect with quality health care services and resources.

St. John's Well Child Center
(in collaboration with AAFA on the Childhood Asthma Initiative Program)
514 W. Adams Blvd. (27th & Figueroa Street)
Los Angeles, CA 90007
(213) 749-0947

The program provides asthma related services to children age 0-5 in Central, South Central & downtown Los Angeles. St. John's also provides complete medical care to people of all ages.

Hours:
Call for more information

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
No geographic restrictions

Fee/Payment Source:
No fee for services

Other requirements:
Call to find out what papers you'll need

Services provided:
Asthma information, allergen control information, medical treatment for your child's asthma, free asthma medications & equipment, asthma management plans, follow up medical care, assistance in obtaining health coverage, helping families connect with quality health care services and resources.

SHELTER / HOUSING

Los Angeles Mission
303 East Fifth Street
Los Angeles, CA 90013
(213) 629-1227
(213) 629-0036 Fax

The Los Angeles Mission provides hope and opportunity to destitute men, women and children of Los Angeles through spiritual, physical, educational and social rehabilitation.

Hours:
Monday to Friday / 9:00am - 5:00pm

Languages:
English & Spanish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Hot meals, shelter, clothing, personal care and life-transforming long-term rehabilitation for hungry, hurting and homeless men, women and children.

GENERAL ASSISTANCE

INFO LINE of Los Angeles
(323) 686-0950
(800) 339-6993
(800) 660-4026 TDD

The INFO LINE provides information to callers about a variety of services and agencies in Los Angeles County. Callers can either choose to receive tape-recorded information or to speak directly with someone to assist them.

Hours:
24 Hours

Languages:
English & Spanish

Application Procedure:
None

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Services provided:
Offers information and telephone numbers for agencies that can provide different services, including: child care, family planning, emergency shelter, health care, financial assistance, legal services, youth services, senior services, immigration issues, mental health, drug and alcohol abuse, transportation and other issues. If your question is not urgent, it is suggested that you call before 8:30am or after 4:30pm, when the line is less busy.

HEALTH CARE

Coalition for Community Health (CCH)
3655 S. Grand Ave., Suite 260
Los Angeles, CA 90007
(213) 748-7123

Coalition for Community Health provides information for low-income people on where to get low-cost health care, and how to enroll in health coverage programs.

Hours:
Monday - Friday / 9:00am - 4:30pm

Languages:
English & Spanish

Application Procedure:
None

Areas served:
Central & South Central Los Angeles

Fee/Payment Source:
No fee for services

Other requirements:
Call for more information

Services provided:
Information on public health care plans and programs; assistance with certain health plan applications; referrals to community clinics and other health and social service agencies

---

Health Consumer Center of Los Angeles (HCC-LA)
-part of the Health Consumer Allicance (HCA)
13327 Van Nuys Blvd
Pacoima, CA 91331
(800) 896-3203

The agency helps low-income residents of Los Angeles County navigate through the maze of today's health care system. The Health Consumer Center of Los Angeles helps people get the health care they need.

Hours:
Monday - Friday / 9:00am - 5:00pm

Languages:
English, Spanish, Armenian, Cambodian, French, Mandarin, Arabic and Turkish

Application Procedure:
Call for an appointment

Areas served:
Los Angeles County

Fee/Payment Source:
No fee for services

Other requirements:

Services provided:
Legal services, and education in consumers' rights and responsibilities in the health care system as advocates to make sure consumers get the health care they need